



# BENEFITS NEWSLETTER

May 2022



*Click on the video to know more about this year's Open Enrollment*

*Thank you  
Doctors and  
Nurses*

## Open Enrollment 2022 May 1 – May 31, 2022

Open enrollment is the annual opportunity for benefit-eligible employees/retirees to add or delete an eligible dependent and make plan changes effective July 1, 2022

The Peralta Community College District proudly offers a competitive and comprehensive core of work-life benefits. Current benefits for full-time employees include:

- Medical, prescription drug and vision coverage
- Delta Dental PPO dental coverage or United HealthCare DMO dental coverage
- Basic Life and AD&D insurance of 150% of your annual pay up to a \$100,000 maximum benefit (amounts over 50,000 are subject to imputed income per IRS requirement)
- Voya Voluntary Group Term Supplemental Life Insurance
- Long-term Disability coverage
- Employee Assistance Program
- Voluntary participation in a tax-deferred 403(b) and/or 457(b) plans

If you are currently enrolled in our group plans and do nothing, then your medical, dental and vision plan enrollment will continue at your current coverage level and at the rates in effect on July 1, 2022.

### Important Links

[2022-2023 PCCD Employee Benefits Guide with Monthly Contribution Rate Matrix – Flip Book](#)

[2022-2023 PCCD Employee Benefits Guide with Monthly Contribution Rate Matrix - PDF](#)

[Registration and login online instructions for BenefitBridge](#)

[BenefitBridge Secure Enrollment Portal](#)

[PCCD Required Documentation Matrix](#)

[Benefits Office Webpage](#)

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# Reminders

## COVID-19 Test Kit Reimbursement

If you purchased a home test kit on or after January 15, 2022, you can file for reimbursement from your medical plan. Instructions on how to file claims: [Kaiser Permanente Trustmark/CVS](#)

## Kaiser Rx Reimbursement Claims

Kaiser reimbursement claim forms are due on, or before June 30, 2022 for processing in July 2022. Please contact the Benefits Office for more information.

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# Open Enrollment Activities

## Virtual Health Fair Meetings May 9 – May 13, 2022

In addition to live-hosted meetings by select vendors, employees can also view additional videos & materials by visiting the Peralta CCD Benefits website

[www.peralta.edu/benefits/](http://www.peralta.edu/benefits/)

## Open Enrollment Q & A Meetings

During Open Enrollment, the Benefits Office will host Zoom meetings that will be open to all benefits-eligible employees.

Please visit Peralta CCD website [www.peralta.edu/benefits/](http://www.peralta.edu/benefits/)

## Employee Benefits Orientation

Held every Tuesday at 2 pm. Due to COVID-19, all benefits orientations are being held via Zoom.

Please RSVP by emailing the Benefits Office, requesting a Zoom invitation.

Other call in times are available by appointment.

Call: (510) 466-7229 or

Email: [benefits@peralta.edu](mailto:benefits@peralta.edu)

## Registration and Login:



- Already have login credentials? Login to BenefitBridge to make changes at <https://www.benefitbridge.com/peralta>
- Forgot your username or password? Click on “Forgot Username/Password?”
- Please add or update your email address to receive an email

## Here’s what you can do on BenefitBridge:

- View Current Plan Year Benefits
- Compare Plan Options
- Enroll in Benefits
- Add or Remove Dependents/Beneficiaries
- Update Account Info
- Available 24/7 via the Internet

## Benefit In Focus: Employee Assistance Program (EAP)



There are times when everyone needs a little help or advice. The confidential Employee Assistance Program (EAP) through MHN Inc. can help you with things like stress, anxiety, depression, chemical dependency, or relationship issues. EAP can also assist with legal issues, parenting questions, financial counseling, and dependent care resources. Best of all, it's free. Help is available 24/7, 365 days a year by telephone at 800.535.4985. Other resources are available online at [www.members.mhn.com](http://www.members.mhn.com). When you log in, enter “Peralta” as your user name. In-person counseling may also be available, depending on the type of help you need. The program allows you and your family/household members up to **seven (7): Face-to-Face or Telephonic or Web-Video Consultation Sessions per incident.**

## 2022 Carrier Open Enrollment Presentation Schedule

Carrier	Presentation	Audience	Date	Time	Meeting Link	Call In #	Passcode
<b>Kaiser Permanente</b>	Kaiser HMO Plans	Employees	Mon, 5/9	10am	<a href="#">Join Meeting</a>	(213) 533-9530	Conference ID# 109 205 318
<b>Trustmark</b>	Self-Funded PPO Medical Plans	Employees	Mon, 5/9	11:30am	<a href="#">Join Meeting</a>	(708) 566-6410	Conference ID# 118 014 62
<b>Voya</b>	Employer-Paid and Supplemental Life and LongTerm Disability Insurance	Employees	Mon, 5/9	1pm	<a href="#">Join Meeting</a>	(888) 788 0099	Meeting ID: 984 2604 0858 Password: 280782
<b>UnitedHealthcare</b>	Dental HMO and Vision Plans	Employees	Tues, 5/10	11:30am	<a href="#">Join Meeting</a>	(952) 222-7450	Conference ID# 682 541 529
<b>MHN</b>	Employee Assistance Program (EAP)	Employees	Wed, 5/11	10am	<a href="#">Join Meeting</a>	(816) 702-6560	Conference ID# 519 307 001
<b>LegalShield &amp; IDShield</b>	Voluntary Legal & Identity Theft Plan	Employees	Wed, 5/11	11:30am	<a href="#">Join Meeting</a>	(669) 900-9128	Meeting ID: 896 3338 9951
<b>Kaiser Permanente</b>	KPSA HMO Plans / Dental	Retirees	Thurs, 5/12	10am	<a href="#">Join Meeting</a>	(213) 533-9530	Conference ID# 902 721 622
<b>Trustmark</b>	Self-Funded PPO Medical Plans	Retirees	Thurs, 5/12	11:30am	<a href="#">Join Meeting</a>	(708) 566-6410	Conference ID# 257 131 347
<b>UnitedHealthcare</b>	Dental HMO and Vision Plans	Retirees	Fri, 5/13	10am	<a href="#">Join Meeting</a>	(952) 222-7450	Conference ID# 284 438 345
<b>Benefits Office</b>	Open Enrollment Q&A	Employees/Retirees	Tues, 5/17	3pm-4pm	<a href="#">Join Meeting</a>	(669) 900-6833	Meeting ID: 970 6140 9077 Password: 519241
<b>Benefits Office</b>	Open Enrollment Q&A	Employees/Retirees	Tues, 5/24	3pm-4pm	<a href="#">Join Meeting</a>	(669) 900-6833	Meeting ID: 970 6140 9077 Password: 519241

For benefit related questions, please contact the Peralta Benefits Office at 510.466.7229;  
Mon – Fri, 8:30 AM – 5:00 PM, PST or email [benefits@peralta.edu](mailto:benefits@peralta.edu) .

For BenefitBridge technical assistance *only*, please contact BenefitBridge Customer Care at 800.814.1862;  
Mon – Fri, 8:00 AM – 5:00 PM, PST or email [benefitbridge@keenan.com](mailto:benefitbridge@keenan.com)