

# Merritt College Wellness Center

## Mental Health Counseling with Adults

### 2025-26 Internship Description

- Where:** **Merritt College Wellness Center**  
12500 Campus Drive, Bldg R-106, Oakland CA 94619  
Services offered in-person **and** remotely (video counseling)
- Services:** FREE, short-term, confidential mental health counseling for individuals, couples & families  
Social service casework, resources and referrals  
Psychoeducation workshops and/or support groups  
Crisis intervention
- Clients:** **Students** currently enrolled at Merritt Community College  
**Age range:** 17 – 70+  
**Ethnic ID:** 40% African American, 30% Latinx, 14% Asian, 8% Multiethnic, 8% White  
**Gender ID:** 55% female, 40% male, 5% nonbinary  
We serve significant numbers of formerly-incarcerated students, students in recovery from addiction, and first-generation college students. Many work multiple jobs and struggle to balance school with family/caregiving responsibilities.
- Issues:**
- |                                   |  |
|-----------------------------------|--|
| Anxiety                           | Trauma, suicidality                      |
| Depression and grief              | Police/community violence, incarceration |
| Physical, sexual, emotional abuse | Relationship/family stress               |
| Poverty, hunger, unstable housing | Academic stress                          |
| Intimate partner violence         | Addiction, substance abuse               |
- Supervisor:** Stefani de Vito, LCSW (she/her), in practice since 1999  
One hour of individual clinical supervision weekly  
Weekly 2-hour combined group supervision (interns from MFT, LPCC, MSW programs)
- Calendar:**
- |                     |  |
|---------------------|--|
| Mandatory Training: | August 12 & 13, 2025 – full day both days          |
| Fall Semester:      | 8/18/25 – 12/12/25                                 |
| Spring Semester:    | 1/20/26 – 5/22/26 (Spring Break: 3/30/26 – 4/3/26) |
| Group Supervision:  | Wednesdays 9:00 – 11:00 a.m. - mandatory weekly    |
| Work from Home:     | Fridays only. All other days on campus.            |
- Stipend:** **\$6000 per academic year**  
Contingent upon satisfactory completion of 20-24 internship hours weekly
- To apply:** [Peralta Colleges Mental Health Internship - Apply Here!](#)
- All four Peralta College Wellness Centers use this application.
  - You may apply to Merritt and any of our sister colleges.
  - In your cover letter, please state why you want to intern with us and why you are a good fit.
- Webpage:** <https://www.merritt.edu/health/mental-health-services/>  
**Please note our hours of operation!**

**Thank you for your interest - I look forward to meeting you!**