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| SANKOFA SEMESTER IN GHANA TENTATIVE SCHEDULE- FALL 2023 |
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Dates are subject to change upon approval of PCCD 2023 academic schedule. |
| DATES | **DETAILS** | **PCCD Faculty Notes** |
| MondayAugust 22nd  | **Asynchronous SANKOFA SEMESTER courses begin.***8-wk courses run August 22nd – October 17th** **Dance 1/History of Dance**

3 semester units (UC/CSU transferable)* **Dance 8A/Dance Compositions & Choreography**

3 semester units (UC/CSU transferable)* **Dance 07- Dance Study Abroad**

5 semester units (CSU transferable) | All PCCD SANKOFA SEMESTER online faculty and participating course instructors from other institutions course start dates may vary. Lee’s courses: Start date is August 22nd (asynchronous) |
| WednesdayOctober 18th | **Day of Departure** * All flights booked through Santini Tours
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| Thursday - FridayOctober 19th - 20th | **Days of Arrival*** UCC will provide transport to and from airport for students who arrive on October 19th and 20th.
 | Faculty ResponsibleLee will meet students as they complete dorm/hostel check-in. |
| SaturdayOctober 21st  | * Tour of Cape Coast & Elmina Town
* Late arrival check-ins
 | UCC Transport |
| SundayOctober 22nd: | * Late arrival check-ins
* UCC arranged transport will pick up students arriving late.
* Depart to Cape Coast by 2pm

*Those who arrive after October 20th (October 21st & 22nd) will incur $60 transportation cost. The airport is a 3-hr drive to the University of Cape Coast. You will be required to be pay this cost directly to the driver. If you are not traveling to Ghana with the group, please notify us well in advance. You must present a copy of your flight itinerary within 45 days of your departure.* | *Please contact Dr. Andrea Lee or Drew Gephart if you miss your flight.* avlee@peralta.edu, dgephart@peralta.edu. |
| SANKOFA WEEKLY SCHEDULE |
| Week ONE MondayOctober 23rd  | **University of Cape Coast Program Orientation*** **Student Orientation w/UCC & PCCD**

**Health Check-in @ Health Center** *At the beginning of each week, students will have a health check-in Covid screening for temperature, symptom check.* | UCC-Dr. Reginald SackeyPCCD- Dr. Andrea LeeSite: UCC |
| Tuesday-FridayOctober 24th - 27th | **Course assignments continue for** **Dance 01-History of Dance and Dance 07-Dance Study Abroad.*** Tu/We/Th/F Lab/Lec

8am - 4pm* Evening cultural programming w/ special guests
 | Lee (Dance 7 Lec/Lab)Site: UCC |
| \*\*SaturdayOctober 28th | **Service-Learning Project Meetings**  * Computer Lab open for students
* Meet w/faculty coordinator
* Group reflection
* prepare for service-learning sessions
 | Site: UCC |
| SundayOctober 29th  | * Day of Rest
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| Week TWOMondayOctober 30th  | **Dance Education Community Day**Site #1: Ebenezer Primary SchoolSite #2: One Africa FoundationSite #3: Cape Coast Cultural Arts Center**Mo: Health Check-in @ Health Center** * SANKOFA students meet at Service-Learning sites
* Dance education projects organized by One Africa & UCC Dance Department Students & Faculty
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| Tuesday-FridayOctober 31st -November 3rd | **Sankofa Semester service-learning projects begin*** Univ. Cape Coast Dance Labs/Lec

8am - 4pm | Sackey- Lec/Lee (Dance 7 Lec/Lab)Site: UCC |
| SaturdayNovember 4th  | **Nzulezu Community Village Day***Note: Upon arrival, this village is accessible by canoe only.* *The canoeing takes place in a very calm rive. Lifejackets are required and canoeing is done by the professional paddlers and tour guides.** 4-hour bus ride to Nzulezu Village on Stilts
* 45-minute canoe ride
* Tour of Nzulezu and community village/school hosted by Prince Nana Takalika VII
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| SundayNovember 5th | **Day of Rest** |  |
| Week THREE Monday – FridayNovember 6th - 10th | **Mo: Health Check-in @ Health Center (UCC)*** Tu/We/Th Dance Labs/Lec

8am - 4pm*Friday, November 10th- no classes in observance of US Veteran’s Day.* | Sackey- Lec/LabLee (Dance 7 Lec/Lab)Site: UCC |
| SaturdayNovember 11th | * Visit Elmina Slave Dungeon (LEC/LAB)
* Visit Cape Coast Slave Dungeon (LEC/LAB)
* Debriefing at One Africa
 | Lee/Kofi el Shabazz-Owner & CEO One Africa Foundation |
| SundayNovember 12th | **Day of Rest** |  |
| Week FourMonday – FridayNovember 13th – 17th  | **TRAVEL TO GREATER ACCRA REGION-the capital of Ghana.***Accommodations provided by the Ghana Registered Nurses Hostel & University of Ghana International House.* **Mo: Health Check-in @ Health Center (Ghana Nurses Association)**Monday- 1 pm – 4pm* Check-ins and tour of University of Ghana
* Visit W.E.B. Dubois Center for Pan African Culture
* Visit Kwama Nkrumah Mausoleum

Tuesday – Friday, 8am – 12pm * Dance, Drumming, and African Theater workshops; service-learning projects\*

*\*Hosted by National Dance Theater of Ghana; University of Ghana Dance Ensemble, Community NGO’s* |  |
| SaturdayNovember 18thSundayNovember 19thReturn to UCC | **18th** – * **All-Day hiking trip to Mount Afadja w/overnight stay in the Volta Region** includes transport, hike, lunch, stargazing, and visit to a monkey sanctuary.

About Mt. Afadja*Mount Afadja is one of the highest mountains in*[*Ghana*](https://en.wikipedia.org/wiki/Ghana)*standing at an elevation of 885 meters (2,904 ft). The mountain is located in the [Agumatsa Range](https://en.wikipedia.org/wiki/Agumatsa_Range%22%20%5Co%20%22Agumatsa%20Range) near the villages of Gbledi and Liati Wote, in the*[*Volta Region*](https://en.wikipedia.org/wiki/Volta_Region)*of Ghana at the border with*[*Togo*](https://en.wikipedia.org/wiki/Togo)*. ‘Afadja’ is the name of the mountain Afadja is one of the most visited tourist attractions in the Volta Region of Ghana, welcoming thousands of visitors from around the globe annually.** *Traditional Ewe Welcoming Ceremony*

**19th – Return to UCC** | Mt. Hike Leader- Licensed Tour Guides Site: UCC (Students live on UCC campus during Thanksgiving break.) |
| Week FIVEMonday – WednesdayNovember 20th - 22nd Advisory weekThursday - SaturdayNovember 23rd - 25th No classes for PCCD students. | **Mo: Health Check-in @ Health Center (UCC)** * Online Academic Advising Week
* Students should complete Spring & Summer 2023/Fall 2024 planning in consultation with their college counselors.
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| 23rd – 25th Thanksgiving Holiday Observance |  |
| SundayNovember 26th  | **Check out of UCC dorms and travel to the Ashanti Kingdom** **(5-hour bus ride)*** Welcoming by Kumasi Cultural Centre Staff
* Check into Kwame Nkrumah University of Science and Technology dorms/student hostel
 | UCC TransportHousing cost included in student cost. |
| Week SIX & SEVENMonday, November 27th –Saturday, December 9th Friday & SaturdayDecember 8th - 9th Rest & Reflection DaysNo schedule | **10-day Service-Learning Community Health Education, Folk-Arts, and Dance Collaboration Projects. Additional service-learning pathway options TBA.****Health Check-in @ Health Center (KNUST)*** UCC students join PCCD at Kwame University of Science and Technology
* Akan History and Culture (Lec/Lab)
* Ceremonial customs-Music & Dance
* Boben Village (indigenous protocols)
* Textiles of Ghana used in ceremonial dress
* Bon Wire Kente weaving and dressing lesson
* Daily Twi language class
* House of Royal Chiefs research projects
 | Lee (Dance 7 Lec/Lab)Guest Faculty & Host: Professor Kantanka Osei-bonsu, House of Royal Chiefs, and liaison to the Asantehene (Ghana’s King) @Manhinyia Palace. |
| SundayDecember 10th  | **8-hr drive from Kumasi to Bolga, Northern Ghana ( 8 hour bus ride)** |  |
| Week EIGHT Monday-FridayDecember 10th – 15th  | * **Mo: Health Check-in @ Bolga Community Health Center**
* UCC students join PCCD in Northern Ghana
* Tour of Bolga Communities known for elaborate basket weaving
* Prep for Capstone Service-Learning projects
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| Saturday, December 16th  | **Travel Day/ *Last day of PCCD instruction**** 13-hour drive from Bolga to Cape Coast
* Check into new accommodation site (UCC dorms are being cleared and cleaned*.*

**Note***: Students will live at One Africa & Cape Coast Polytechnic Teacher’s Hostel. Accommodation sites for weeks nine and ten are subject to change. All students will be housed in the same location. Cost of rooms and meals are still included.* |  |
| SundayDecember 17th  | **Day of Rest/No schedule** |
| Week NINE Monday – SaturdayDecember 18th – 23rd  | **Finals week/Service-learning capstone presentations**Community Hosts: * One Africa; Cape Coast Cultural Arts Center
* UCC Faculty Lead-Dr. Reginal Sackey
* PCCD Faculty Lead- Dr. Andrea Lee and other participating faculty & staff
* Mandatory closing meetings with SANKOFA Program advisors
* Spring semester course selections
* Complete all outstanding work- Computer labs will be open.
* Group dinner w/ all SA hosts
* Dec. 19th Capstone/SL Presentations Group A
* Dec. 20th Capstone/SL Presentations Group B
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| Week TEN Sunday – ThursdayDecember 24th – 28th  | **Week of Departure****December 24th, 25th & 26th Winter Holiday in Ghana*** No Schedule/Free time
* Packing & Preparation for return to USA
* Closing field trip-Kakum Rain Forest (if reopened)
* **Depart Kotoka Airport-Accra, Ghana December 27th**
* **Arrive USA December 28th**
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