

Childcare and Eldercare Services

Finding the right care for your child or aging loved one can be a challenge. MHN can help.

Our member website is a great first step. Our online library offers tips on returning to work after a new baby and articles to help you understand your aging parents' needs. Our resource directories let you search for childcare and eldercare by location and care setting.

For personalized guidance, call our toll-free line and ask to speak to a childcare or eldercare expert. In addition to a bachelor's- or master's-level degree, our consultants have at least three years' experience in related fields. They'll ask the right questions to understand your unique situation and needs.

Our childcare experts will give you referrals for childcare providers in your area with confirmed openings. They can also help you:

- Understand your care options (and their cost and structure).
- Consider your child's developmental needs when choosing care.
- Learn to evaluate the quality of settings and providers.
- Assess the care of your child once you've made a decision.
- Identify resources to help you with adoption, explore educational options, and address your child's special needs.

Our eldercare experts can help you:

- Evaluate your loved one's living arrangements, healthcare, legal rights, and financial concerns.
- Identify public and private resources, such as skilled nursing, assisted living, home healthcare agencies, and adult day care providers.
- Learn to evaluate the quality of eldercare settings and providers.
- Obtain referrals for eldercare providers in your area with confirmed openings.
- Monitor and assess the care of your loved one as needs change.

You don't have to do it all alone! Let us help you find the care you need for your loved ones.



Call toll-free, **24 hours a day**, seven days a week.

TTY users can call:

Visit our website:

REGISTRATION CODE:

Please contact us for details, including limitations and exclusions.

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我們和您說一樣的語言!

我們為致電 MHN 的客戶免費提供超過 170 種語言的口譯服務。如果您在和醫師或其他醫療服務提供者溝通時需要幫助, 我們也有簽約服務商能陪同您前往約診, 而且您不須支付費用。

We speak your language!

When you call MHN, free interpretation services are available in over 170 languages. We also contract with a vendor who can physically attend appointments with you, at no cost, if you need help communicating with doctors or other providers.

귀하의 언어로 안내해드립니다!

MHN에 전화하면 170 가지 이상의 언어로 무료 통역 서비스를 이용하실 수 있습니다. 저희는 또한 귀하가 의사 또는 다른 의료 제공자들과의 의사소통에 도움이 필요한 경우, 무료로 귀하의 진료 예약에 동반할 수 있는 통역사와 계약을 맺습니다.

¡Hablamos tu idioma!

Cuando llames a MHN, podrás usar nuestros servicios de interpretación gratuitos en más de 170 idiomas. Además, contamos con proveedores contratados que pueden asistir en persona a tus citas, sin cargo alguno, en caso de que necesites ayuda comunicándote con los médicos u otros proveedores.

Chúng tôi nói ngôn ngữ của quý vị!

Khi quý vị gọi tới MHN, chúng tôi cung cấp dịch vụ thông dịch miễn phí bằng hơn 170 ngôn ngữ. Chúng tôi cũng ký hợp đồng với nhà cung cấp có thể trực tiếp tham gia các buổi hẹn với quý vị miễn phí, nếu quý vị cần trợ giúp để liên lạc với bác sĩ hoặc các nhà chăm sóc sức khỏe khác.