



# SOCIAL WORK & HUMAN SERVICES

IN SERVICE OF OTHERS



..... Are you .....  
Compassionate | Intuitive | Transformative  
.....  
[berkeleycitycollege.edu/phs](http://berkeleycitycollege.edu/phs)



Teacher Preparation,  
Social Work, and  
Helping Professions

*Discover your community* at BCC



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**Do you enjoy helping people, even if they are strangers?** Would you like to create healthier lives and communities? If you're a caregiver, community healer, empath, or just want to create change, then our Social Work & Human Services program could be a good fit for you. **Get paid to apply what you're learning in the classroom and in service of others!**



You can contact a real human about our program by emailing [HUSVCertificate@peralta.edu](mailto:HUSVCertificate@peralta.edu)



## GET STARTED

Our students are deeply committed to learning the skills necessary to lift up their communities and often find employment at non-profits, advocacy organizations, or educational & residential settings. **As a student in the Social Work & Human Services Program, you'll cultivate the practical and interpersonal skills to:**

- Answer the call to heal and protect
- Build bridges to unite divisions between community, culture, and self
- Find the connection between your own lived experiences and the experiences of others
- Support others in various states of crisis and need—and develop the skills to nurture yourself in the process
- Empower individuals to lean on healthy coping mechanisms



## EARN AND LEARN

Opportunities are available to earn academic credit through work-based learning experiences. Our students earn while they learn, and most are employed while they pursue their academic development. Apply what you're learning in the classroom and get paid! Sign up for Handshake here: [berkeleycitycollege.edu/phs/handshake/](http://berkeleycitycollege.edu/phs/handshake/)



## GAIN SKILLS

Technological skills are necessary to meet your communities needs. If basic tech skills are not your strength, talk to a counselor at BCC or reach out to Berkeley Adult School (BAS) to learn how to build them up. Learn more about BAS classes at: [sites.google.com/berkeley.net/alfredmiller/classes](https://sites.google.com/berkeley.net/alfredmiller/classes)



## HIGH SCHOOL STUDENTS

### Twice as Strong with DE at BCC

As a Dual Enrolled student, you can earn college credit while you finish high school. So don't wait—ask your guidance counselor, today!

Scan QR code to learn more:



# SOCIAL WORK & HUMAN SERVICES CERTIFICATES & DEGREES

Looking to advance your career or launch a new career path with an affordable college degree? Our programs can get you where you need to be.

### CREDIT



**PEER SUPPORT SPECIALIST  
Certificate of Achievement (18 units)**  
Format: Partially Online  
Full-time status: 2 semesters or 1 calendar year  
Cost: \$0-882\*



**SOCIAL WORK AND HUMAN SERVICES  
Associate in Arts for Transfer (60 units)**  
Format: Partially Online  
Full-time status: 4 semesters or 2 calendar years  
Cost: \$0-2,940\*

### NON-CREDIT



**COMMUNITY HEALTH WORKER  
Certificate of Completion**  
Format: Online  
Full-time status: 1 semester  
Cost: Free



**SOCIAL AND HUMAN SERVICE WORK READINESS  
Certificate of Completion**  
Format: Online  
Full-time status: 1 semester  
Cost: Free

\*The actual cost for a California resident depends on the financial aid status. (\$49 per credit unit)

# Social Work & Human Services



## IN SERVICE OF OTHERS

Schedule an appointment with a BCC Counselor to learn more!  
[www.berkeleycitycollege.edu/counseling](http://www.berkeleycitycollege.edu/counseling)

This map represents one possible pathway at BCC and is based on the 2023–2024 catalog.



## Transfer Opportunities

Additional California State University transfer options available

### ASSOCIATE DEGREES



## SOCIAL WORK AND HUMAN SERVICES Associate in Arts for Transfer

(60 units)

- Major requirements (28-29 units)
- GE (IGETC or CSU) and elective (31-32 units)



## Mental Health Ambassador Program

In collaboration with the Wellness Center, we hire student leaders for paid positions as Mental Health Ambassadors and train them to serve the entire student body.

Learn more at: [berkeleycitycollege.edu/phs/leadership/](http://berkeleycitycollege.edu/phs/leadership/)

### CERTIFICATES



## PEER SUPPORT SPECIALIST Certificate of Achievement (18 units)

### RECOMMENDED ONE YEAR COURSE PLAN

#### Semester 2

- PSYCH 1A Introduction to General Psychology (3 units)
- SOC 2 Social Problems (3 units)
- HUSV 120A Social Work and Human Services Seminar (1 unit)
- HUSV 120B Social Work and Human Services Fieldwork (2 units)

#### Semester 1

- COMM 6 Intercultural Communication (3 units)
- SOC 1 Introduction to Sociology (3 units)
- HUSV 121 Intro to Social Work and Human Services (3 units)

#### Upon completion of this Certificate, you will have:

- 18 transferable college units
- Completed 25% of the AA-T in Social Work



## SOCIAL AND HUMAN SERVICE WORK READINESS Certificate of Completion (52 hours)

### NON-CREDIT

- HUSV 510A Mental Health Ambassador I
- HUSV 510B Mental Health Ambassador II

#### Upon completion of this Certificate, you will:

- Receive the nationally recognized Mental Health First Aid (MHFA) Certificate
- Meet the requirement for fieldwork placement in Semester 2 of the Peer Support Specialist Certificate of Achievement



## COMMUNITY HEALTH WORKER Certificate of Completion (105 hours)

### NON-CREDIT

- HUSV 500A Community Health Worker I
- HUSV 500B Community Health Worker II

\*Classes are available both semesters

#### Upon completion of this Certificate, you will have:

- A qualification that is in high demand by local employers for entry level community health worker and social services jobs
- The tools and skills to support your career advancement, general employability and resume building in the helping professions



**START HERE TO BUILD YOUR ACADEMIC & CAREER PATHWAY!**

# OCCUPATION OUTLOOK IN THE SOCIAL WORK & HUMAN SERVICES FIELD

Salaries vary widely in this field depending on education, job title and type of organization.



## BCC HAS YOUR BACK!

At Berkeley City College, **there are a lot of resources to help you succeed**—we recommend starting with these:

### BCC Learning Resources Center (LRC)

Free tutoring is offered on campus and virtually. Connect with our LRC for support with tutoring across a variety of subjects. Head to the LRC on the first floor to access tutoring and ask the reception staff.

[berkeleycitycollege.edu/lrc/](http://berkeleycitycollege.edu/lrc/)

### Success Incubator

This weekly online gathering provides much-needed human contact, a place to share your feelings and experiences, and valuable skills for coping with stress and developing healthy habits. We cover topics such as: self-care, dealing with procrastination, how to get help at BCC, developing healthy relationships, and stress-management. Most of all, we strive to create a space of dignity and belonging. Bring your dinner and your stories, come on by and listen/share/relax.

[berkeleycitycollege.edu/phs/success-inc/](http://berkeleycitycollege.edu/phs/success-inc/)



*I was so blown away by Tyler Bennett who instructed us at Success Inc. That's how I got the bug to keep studying at BCC.*

BCC Social Work & Human Services Student



## SNAPSHOT

### JOB TITLES

- Community Health Worker  
YEARLY MEDIAN WAGE (IN CALIFORNIA)  
\$50,310 (\$25/HOUR)
- Peer Support Specialist
- Case Manager
- Social Work and Human Services Assistant  
YEARLY MEDIAN WAGE (IN CALIFORNIA)  
\$45,850 (\$23/HOUR)  
[ononline.org/link/localwages/21-1093.00?st=CA](https://ononline.org/link/localwages/21-1093.00?st=CA)
- Health Education Specialist
- Community Health Outreach Worker
- Community Health Promoter

### SKILLS

- Active Listening
- Social Perceptiveness
- Speaking
- Writing
- Reading Comprehension
- Computer Literacy

### ACTIVITIES

- Maintain client records
- Advise clients or community groups on health issues
- Assess individual or community needs for educational or social services
- Visit individuals in their homes to provide support or information
- Community outreach



## BRIGHT OUTLOOK

According to the US Bureau of Labor Statistics, community and social service occupations have a 10% projected growth rate until 2031, resulting in about 294,600 new jobs over the next decade.

Source: Bureau of Labor Statistics



10%  
PROJECTED GROWTH  
(2020-2031)



294,600  
NEW JOBS

# MENTAL HEALTH AMBASSADOR PROGRAM



All Social Work & Human Services students are encouraged to apply to the Mental Health Ambassador program, a paid, work-based learning experience.



I was a full time teacher, taking online courses at BCC from Singapore for 1.5 years. I am taking my prerequisites at BCC to major in Chemistry at a UC.

I started learning about mental health because of the coup in Myanmar, where I am from. They say that everybody comes to this program because of a calling, and I really relate to that sentence.



Before the coup, I didn't really have any knowledge or interest in mental health. But when the coup broke out, I was still in Singapore, and I wanted to learn how to help people in my country. So I started taking counseling courses and first aid mental health courses at BCC.

**Everyone needs this kind of training, everyone faces struggles—not just you, but the people around you, as well. The training I have received here really helps me when my friends come to me for emotional support. I don't get as emotionally affected, myself, and can help them.**

Becoming a Mental Health Ambassador has been really humbling. It's really about learning to trust and rely on your community, and to give back. It's made my stay here a lot more meaningful. We all come from such different backgrounds—a lot of us are non-traditional students. Learning about their experiences has really changed my perspective.

—Yu Wathan Aung,  
International Student at BCC

Learn more at [berkeleycitycollege.edu/phs/leadership/](http://berkeleycitycollege.edu/phs/leadership/)

# APPLY ONLINE NOW!

Learn the steps to apply and enroll at BCC on our website at [berkeleycitycollege.edu/menu-links/getting-started-at-bcc/](https://berkeleycitycollege.edu/menu-links/getting-started-at-bcc/)



Scan QR code to learn more



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